

## G23 Breathing technique for singing

Do you wish to prove how your voice can become "larger" without increasing the effort? ... Or to learn how to visualize your vocal organ for obtaining better results?

This and other interesting experiences will be offered you by this meeting.

We will learn to know the AMBU mask, this is its original name in medical terminology, now used by many soloists during their warm-up exercises and study.

We'll talk about breathing and vocal warm-up, trying to understand the operating of our most important muscle, the diaphragm, at physiological level...

You can come up with a song, a lieder, a motet, even simple sentences of a piece... we will test them with the mask, and try them again without it, to appreciate the result immediately...

And many other things about all that can make our singing more... natural and simple.

date

**Saturday 28 July**

for

**mixed**

where

**Jammin**

## Nadia Sturlese (IT)

She began her musical studies at a young age, studying piano at the Conservatory N. Paganini of La Spezia. At fifteen she began her vocal studies and was subsequently admitted to the Civic School of Music in Milan, in the class of Gabriella Rossi.

